

# November 2007



| Day                     | Hour    | Metres | Day                       | Hour    | Metres |
|-------------------------|---------|--------|---------------------------|---------|--------|
| <b>1</b><br>Low quarter | H 05.26 | 2.3    | <b>17</b><br>Full quarter | H 05.39 | 2.2    |
|                         | L 12.09 | 0.6    |                           | L 12.17 | 1.1    |
|                         | H 18.28 | 2.0    |                           | H 18.32 | 2.0    |
| <b>2</b>                | L 00.28 | 1.3    | <b>18</b>                 | L 00.36 | 1.2    |
|                         | H 06.52 | 2.2    |                           | H 06.57 | 2.2    |
|                         | L 13.40 | 1.1    |                           | L 13.34 | 1.0    |
| <b>3</b>                | H 20.02 | 2.0    | <b>19</b>                 | H 19.51 | 2.1    |
|                         | L 02.01 | 1.3    |                           | L 01.56 | 1.2    |
|                         | H 08.19 | 2.2    |                           | H 08.12 | 2.3    |
| <b>4</b>                | L 14.59 | 1.0    | <b>20</b>                 | L 14.43 | 0.9    |
|                         | H 21.16 | 2.1    |                           | H 20.58 | 2.2    |
|                         | L 03.16 | 1.2    |                           | L 03.04 | 0.1    |
| <b>5</b>                | H 09.27 | 2.3    | <b>21</b>                 | H 09.16 | 2.5    |
|                         | L 15.57 | 0.9    |                           | L 15.41 | 0.7    |
|                         | H 22.09 | 2.2    |                           | H 21.54 | 2.5    |
| <b>6</b>                | L 04.10 | 1.0    | <b>22</b>                 | L 04.02 | 0.8    |
|                         | H 10.18 | 2.4    |                           | H 10.11 | 2.7    |
|                         | L 16.40 | 0.8    |                           | L 16.31 | 0.5    |
| <b>7</b>                | H 22.48 | 2.4    | <b>23</b>                 | H 22.43 | 2.7    |
|                         | L 04.52 | 0.9    |                           | L 03.47 | 1.0    |
|                         | H 10.58 | 2.5    |                           | H 09.58 | 2.5    |
| <b>8</b>                | L 17.15 | 0.7    | <b>24</b><br>Full moon    | L 16.21 | 0.7    |
|                         | H 23.22 | 2.5    |                           | H 22.31 | 2.5    |
|                         | L 05.28 | 0.8    |                           | L 05.41 | 0.4    |
| <b>9</b><br>New moon    | H 11.33 | 2.6    | <b>25</b>                 | H 11.49 | 2.9    |
|                         | L 17.46 | 0.6    |                           | L 18.02 | 0.3    |
|                         | H 23.53 | 2.6    |                           | H 00.13 | 3.0    |
| <b>10</b>               | L 06.01 | 0.7    | <b>26</b>                 | L 06.28 | 0.3    |
|                         | H 12.05 | 2.6    |                           | H 12.36 | 2.9    |
|                         | L 18.16 | 0.8    |                           | L 18.46 | 0.3    |
| <b>11</b>               | H 00.23 | 2.7    | <b>27</b>                 | H 00.57 | 3.1    |
|                         | L 06.32 | 0.6    |                           | L 07.15 | 0.2    |
|                         | H 12.36 | 2.7    |                           | H 13.22 | 2.9    |
| <b>12</b>               | L 18.45 | 0.6    | <b>28</b>                 | L 19.30 | 0.3    |
|                         | H 00.52 | 2.7    |                           | H 01.42 | 3.0    |
|                         | L 07.04 | 0.6    |                           | L 08.02 | 0.3    |
| <b>13</b>               | H 13.07 | 2.6    | <b>29</b>                 | H 14.10 | 2.8    |
|                         | L 19.14 | 0.6    |                           | L 20.15 | 0.5    |
|                         | H 01.21 | 2.7    |                           | H 02.27 | 3.0    |
| <b>14</b>               | L 07.35 | 0.8    | <b>30</b>                 | L 08.51 | 0.4    |
|                         | H 13.39 | 2.6    |                           | H 14.58 | 2.6    |
|                         | L 19.44 | 0.7    |                           | L 21.01 | 0.6    |
| <b>15</b>               | H 01.52 | 2.7    | <b>31</b>                 | H 03.15 | 2.8    |
|                         | L 08.08 | 0.7    |                           | L 09.42 | 0.5    |
|                         | H 14.12 | 2.5    |                           | H 15.50 | 2.4    |
| <b>16</b>               | L 20.15 | 0.8    |                           | L 21.51 | 0.8    |
|                         | H 02.24 | 2.6    |                           | H 04.07 | 2.6    |
|                         | L 08.43 | 0.7    |                           | L 10.38 | 0.7    |
|                         | H 14.47 | 2.4    |                           | H 16.47 | 2.7    |
|                         | L 20.49 | 0.9    |                           | L 22.47 | 0.1    |
|                         | H 03.00 | 2.5    |                           | H 05.05 | 2.4    |
|                         | L 09.22 | 0.8    |                           | L 11.41 | 0.9    |
|                         | H 15.26 | 2.2    |                           | H 17.53 | 2.1    |
|                         | L 21.28 | 1.0    |                           | L 23.52 | 1.2    |
|                         | H 03.42 | 2.4    |                           |         |        |
|                         | L 10.08 | 1.0    |                           |         |        |
|                         | H 16.14 | 2.1    |                           |         |        |
|                         | L 22.16 | 1.1    |                           |         |        |
|                         | H 04.33 | 2.3    |                           |         |        |
|                         | L 11.05 | 1.1    |                           |         |        |
|                         | H 17.15 | 2.0    |                           |         |        |
|                         | L 23.18 | 1.2    |                           |         |        |

H = High  
L = Low

## Useful telephone numbers

Please dial 928 before all local (Lanzarote, Fuerteventura and Gran Canaria) numbers, unless specified

### AIRPORT

|                     |            |
|---------------------|------------|
| Iberia General Info | 902 400500 |
| Aena General Info   | 846000     |
| Flight Information  | 846001     |
| Iberia Cargo        | 846156     |

### AYUNTAMIENTOS

|               |        |
|---------------|--------|
| Arrecife      | 812750 |
| Haria         | 835300 |
| San Bartolome | 520657 |
| Teguise       | 845001 |
| Tias          | 833619 |
| Tinajo        | 840237 |
| Yaiza         | 836220 |

### BRITISH SCHOOLS

|                             |        |
|-----------------------------|--------|
| British School of Lanzarote | 810085 |
| Colegio Hispano Britanico   | 173066 |

### TRI-LINGUAL SCHOOL

|              |        |
|--------------|--------|
| Colegio Daos | 515818 |
|--------------|--------|

### CANARY ISLAND PUBLICATIONS

|           |            |
|-----------|------------|
| Telephone | 902 250750 |
| Fax       | 524066     |

### CHEMIST

|                              |        |
|------------------------------|--------|
| Puerto del Carmen (Aquarium) | 513207 |
| Teguise                      | 845284 |

### CHURCHES

|                                    |        |
|------------------------------------|--------|
| Anglican Chaplain Rev Idris Vaughn | 514241 |
| Family Church Pastor Mark Austi    | 819335 |

### CONSULATES

|         |            |
|---------|------------|
| Britain | 262508     |
| Ireland | 922 245671 |
| Germany | 491880     |

### CREDIT CARDS - LOST OR STOLEN?

|                    |            |
|--------------------|------------|
| 4B                 | 902 114400 |
| Visa/Mastercard    | 915 196000 |
| AMEX               | 902 375637 |
| Visa International | 900991124  |

### EMERGENCY SERVICES

|                            |                            |        |
|----------------------------|----------------------------|--------|
| Police, Fire, Red Cross    | 24hrs 365days (Ambulances) | 112    |
| Spanish Emergency Services |                            | 061    |
| Cruz Roja (Ambulance)      |                            | 812222 |
| Cabildo                    |                            | 810100 |

### MEDICAL SERVICES

|                           |                          |
|---------------------------|--------------------------|
| British Surgery Lanzarote | 514274                   |
| OR FREEPHONE              | 900 811555               |
| Hospital Arrecife         | 595000                   |
| Deutsch Britische Klinik  | 592125                   |
| Natural Therapy Centre    | 609 010231               |
| Alcoholics Anonymous      | 511846, 832633 or 173525 |
| Pain & Injury Clinic      | 510829                   |
|                           | 659 944133               |
| Govt Health Centre        | 512711                   |
| Dr. Magers Clinic         | 512611                   |

### POLICE

|          |        |
|----------|--------|
| Arrecife | 811317 |
| Haria    | 835252 |

|               |        |
|---------------|--------|
| Yaiza         | 830107 |
| San Bartolome | 520712 |
| Teguise       | 845252 |
| Tias          | 834101 |

### PORTS AND FERRIES

|              |        |
|--------------|--------|
| Arrecife     | 812534 |
| Playa Blanca | 517266 |
| Cesar 11     | 813608 |

### POST OFFICES

|                   |        |
|-------------------|--------|
| Arrecife          | 800673 |
| Puerto del Carmen | 510381 |

### SERVICES

|                               |            |
|-------------------------------|------------|
| Accountant Gestiones.com      | 815606     |
| 24 Hours General Information  | 012        |
| Messenger Service MRW         | 513232     |
| 24 hour locksmith             | 620 896185 |
| Window Cleaning Service       | 630 338887 |
| REMAR                         | 814 433    |
| 24 hr emergency plumber       | 689 741438 |
| Spanish classes Harven School | 802686     |
| La Academia Costa Tegui       | 591307     |
| Translators/interpreters      | 659 583505 |

### SPORT ORGANIZATIONS

|                             |            |
|-----------------------------|------------|
| Club La Santa Events Office | 599995     |
|                             | .ext: 4451 |

### TAXI RANKS

|                          |        |
|--------------------------|--------|
| Arrecife                 | 803104 |
| Teguise / Costa Tegui    | 524223 |
| Puerto del Carmen / Tias | 524220 |
| Yaiza / Tinajo           | 524222 |
| San Bartolomé            | 524220 |
| Haria                    | 835031 |
| Tinajo                   | 840049 |

### TELEFONICA

|                           |       |
|---------------------------|-------|
| Faults                    | 1002  |
| Directory Enquiries       | 11811 |
| International Directories | 11825 |

### TOURIST INFORMATION

|          |        |
|----------|--------|
| Arrecife | 801517 |
| Tias     | 515337 |
| Yaiza    | 517794 |

### TRANSPORT

|                      |            |
|----------------------|------------|
| I.T.V. Station (MOT) | 902 300374 |
| Arrecife Bus         | 811522     |
| Lanzarote Bus        | 811546     |

### UTILITIES

|                      |        |
|----------------------|--------|
| Unelco (Electricity) | 800135 |
| Unelco emergencies   | 800384 |
| Inalsa (Water)       | 814400 |

### VETS

|                              |                      |
|------------------------------|----------------------|
| Centro Veterinario, Arrecife | 814650               |
| Jane Burke                   | 513895 or 649 910784 |
| Pet Veterinary Surgery       | 346207               |
| (Pet) Emergencies            | 636 068111           |